

The 'Excellent Educator Awards': a celebration of outstanding educational supervision

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Introduction

- In 2018, the General Medical Council's National Training Survey was updated to include seven questions from the Copenhagen Burnout Inventory.¹
- These could be voluntarily answered by trainees and trainees to monitor wellbeing.
- Results from the 2022 and 2023 National Training Surveys showed that 52% of trainers were at a high or moderate risk of burnout, the highest level since these questions were introduced.^{1,2}

"We must get better at valuing trainers and their wellbeing, or face a real risk of losing those who we rely upon to ensure good practice is handed down to the next generation of doctors."

**Charlie Massey, Chief Executive and Registrar,
General Medical Council²**

- We noted that there was no formal process for the work of Educational Supervisors to be recognised in the East of England.
- Therefore, we developed the idea of an 'Excellent Educator Award' whereby Educational Supervisors could be nominated for a regional award in acknowledgement of their hard work supporting the education and wellbeing of anaesthetists in training.

Methods

- The 'Excellent Educator Award' was launched in autumn 2023
- Trainees were invited to nominate an Educational Supervisor from the past 12 months by completion of a short electronic nomination form.
- The College Tutor at each hospital was then sent their hospital's nominations. They were asked to recommend one individual to be considered for the regional 'Excellent Educator Award'.
- The College Tutors' recommendations were reviewed by the Regional Advisors (with support from a Trainee Representative), and winners selected.

Results

- We received 46 nominations from a total of 15 training hospitals across our region.
- Key reasons for nominating Educational Supervisors included their approachability, their exemplary understanding of the 2021 curriculum, and their dedication to helping trainees reach their full potential.
- Four winners were selected and received their 'Excellent Educator Award' at the East of England School of Anaesthesia's annual Faculty Development Day in November 2023.
- All of those nominated were provided with a certificate that could be used in their educational appraisal, and a gift bag from Fortnum and Mason.



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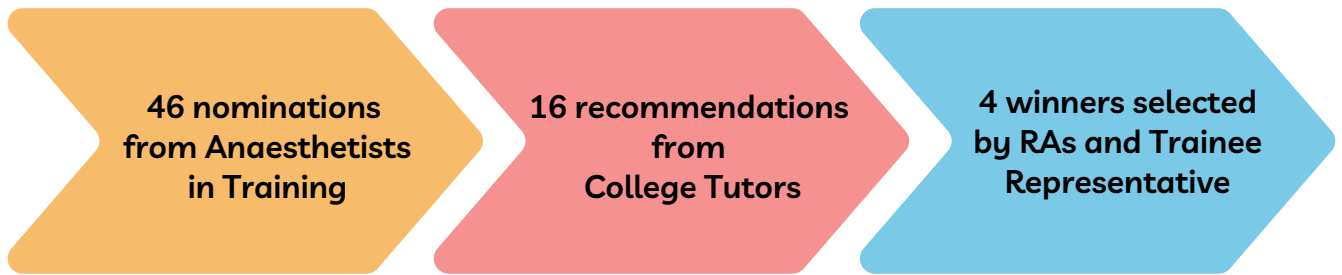


Figure 1: Flowchart demonstrating the nomination and selection process for the 'Excellent Educator Award'.

Conclusions

- Our first year running the 'Excellent Educator Award' was very successful.
- We had a high number of nominations with engagement from 88% (15/17) of training hospitals in the region.
- We received positive feedback from trainers and trainees alike about the programme, and the opportunity it provided to celebrate the hard work and commitment of Educational Supervisors.
- We believe that the introduction of these awards promotes a culture in which Educational Supervisors are valued.
- Following this pilot, we intend to run the 'Excellent Educator Award' annually in the East of England.
- We believe that the introduction of 'Excellent Educator Awards' in other regions could reap similar benefits.

References

1. General Medical Council. National Training Survey 2023 Results. Available from https://www.gmc-uk.org/-/media/documents/national-training-survey-2023-initial-findings-report_pdf-101939815.pdf [accessed April 01, 2024].
2. General Medical Council. National Training Survey 2022 Results. Available from https://www.gmc-uk.org/-/media/documents/national-training-survey-summary-report-2022-final_pdf-91826501.pdf [accessed April 01, 2024].



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